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**Maine Conference 2009 Health and Dental Rates**

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**QUARTERLY AND ANNUALIZED HEALTH AND DENTAL CONTRIBUTION RATES**

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**Health (Non-Medicare) Plan A  
by Coverage Type**

	<b>Quarterly Rate</b>	<b>Annual Rate</b>
One adult	1,589.25	6,357.00
Two adults	3,154.50	12,618.00
One adult with child(ren)	3,102.75	12,411.00
Two adults with child(ren)	3,396.00	13,584.00

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**Dental by Coverage Type**

	<b>Quarterly Rate</b>	<b>Annual Rate</b>
One adult	114.75	459.00
Two adults	221.25	885.00
One adult with child(ren)	225.00	900.00
Two adults with child(ren)	252.75	1,011.00

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**Health and Dental by  
Coverage Type**

	<b>Quarterly Rate</b>	<b>Annual Rate</b>
One adult	1,704.00	6,816.00
Two adults	3,375.75	13,503.00
One adult with child(ren)	3,327.75	13,311.00
Two adults with child(ren)	3,648.75	14,595.00

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